

Early Year Foundation Stage RSHE Overview

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Come and See	Myself	Welcome	Judaism	Birthdays	Celebrating		Gathering	Growing	Islam	Good News	Friends	Our World
RSE: 'Journey In Love'	The wonder of being special and unique: Social and Emotional				The Wonder of being special and unique: Physical				The wonder of being special and unique: Spiritual			
	To recognise the joy of being a special person in my family.				To recognise that we are all different and unique.				To celebrate the joy of being a special person in God's family.			
Personal Development	All About Me		Relationships		My Dreams and Wishes		Journey in Love		Keeping 'Me' Healthy		We are all Different	
Further Opportunities	Harvest celebrations – October Foodbank collections - October Black history month – October International Walking to school month - October PCSO – Bonfire/Halloween Safety Talk Remembrance Day – November Anti-bullying week – November Operation Christmas Child – November Road safety week – November Christmas events - December				Little Christmas - January Chinese New Year – January Safer Internet Day – February World Book Day – March Good Shepherd Week – March Mother's Day – March Earth day - April Passion Play – April Easter events - April				Walk to school week – May Sports day – June Walk of faith – June Transition to new year group – July			

Year 1 RSHE Overview

	Autumn 1		Autumn 2		Spring 1	Spring 2		Summer 1		Summer 2	
Come and See	Families	Belonging	Judaism	Waiting	Special People	Meals	Change	Islam	Holidays & Holy Days	Being Sorry	Neighbours
RSE: 'Journey In Love'	We meet God's love in our family: Social and Emotional				We meet God's love in our family: Physical			The wonder of being special and unique: Spiritual			
	To recognise signs that I am loved in my family.				To recognise how I am cared for and kept safe in my family.			To celebrate ways that god loves and cares for me.			
Personal Development	RELATIONSHIPS				LIVING IN THE WIDER WORLD			HEALTH AND WELL-BEING			
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others		Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Well-being	Growing and Changing	Keeping Safe	
	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others, being polite and respectful		What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online	
Further Opportunities	Harvest celebrations – October Foodbank collections - October Black history month – October International Walking to school month - October PCSO – Bonfire/Halloween Safety Talk Remembrance Day – November Anti-bullying week – November Operation Christmas Child – November Road safety week – November Christmas events - December				Little Christmas - January Chinese New Year – January Safer Internet Day – February World Book Day – March Good Shepherd Week – March Mother's Day – March Earth day - April Passion Play – April Easter event – April			Walk to school week – May Sports day – June Walk of faith – June Transition to new year group – July			

Year 2 RSHE Overview

	Autumn 1		Autumn 2		Spring 1	Spring 2		Summer 1		Summer 2	
Come and See	Beginnings	Signs and Symbols	Judaism	Preparations	Books	Thanksgiving	Opportunities	Islam	Spread the Word	Rules	Treasures
RSE: 'Journey In Love'	We meet God's love in the community: Social and Emotional				We meet God's love in the community: Physical			We meet God's love in the community: Spiritual			
	To recognise the joy and friendship of belonging to a diverse community.				To describe ways of being safe in communities.			To celebrate ways of meeting God in our communities.			
Personal Development	RELATIONSHIPS				LIVING IN THE WIDER WORLD			HEALTH AND WELL-BEING			
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others		Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Well-being	Growing and Changing	Keeping Safe	
	Making friends; feel lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions		Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy, managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies. 999. Basic safety. Medicines and household products. Basic first aid.	
Further Opportunities	Harvest celebrations – October Foodbank collections - October Black history month – October International Walking to school month - October PCSO – Bonfire/Halloween Safety Talk Remembrance Day – November Anti-bullying week – November Operation Christmas Child – November Road safety week – November Christmas events - December				Little Christmas - January Chinese New Year – January Safer Internet Day – February World Book Day – March Good Shepherd Week – March Mother's Day – March Earth day - April Passion Play – April Easter events - April			Walk to school week – May Sports day – June Walk of faith – June Transition to new year group – July			

Year 3 RSHE Overview

	Autumn 1		Autumn 2		Spring 1	Spring 2		Summer 1		Summer 2	
Come and See	Homes	Promises	Judaism	Visitors	Journeys	Listening	Sharing	Islam	Energy	Choices	Special Places
RSE: 'Journey In Love'	How we live in love: Social and Emotional				How we live in love: Physical			How we live in love: Spiritual			
	To describe and give reasons how friendships make us feel happy and safe.				To describe and give reasons why friendships can break down, how they can be repaired and strengthened.			To celebrate the joy and happiness of living in friendship with God and others.			
Personal Development	RELATIONSHIPS				LIVING IN THE WIDER WORLD			HEALTH AND WELL-BEING			
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Well-being	Growing and Changing	Keeping Safe		
	What makes a family; features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; jobs stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feeling	Personal strengths and achievements; managing and reframing setbacks	Risks and hazards; safety and the local environment and unfamiliar places. Basic safety-medicines and household products. Basic first aid. 999.		
Further Opportunities	Harvest celebrations – October Foodbank collections - October Black history month – October International Walking to school month - October PCSO – Bonfire/Halloween Safety Talk Remembrance Day – November Anti-bullying week – November Operation Christmas Child – November Road safety week – November Christmas events - December				Little Christmas - January Chinese New Year – January Safer Internet Day – February World Book Day – March Good Shepherd Week – March Mother's Day – March Earth day - April Passion Play – April Easter events - April			Walk to school week – May Sports day – June Walk of faith – June Transition to new year group – July			

Year 4 RSHE Overview

	Autumn 1		Autumn 2		Spring 1	Spring 2		Summer 1		Summer 2		
Come and See	People	Called	Judaism	Gifts	Community	Giving and Receiving	Self-Discipline	Islam	New Life	Building Bridges	God's People	
RSE: 'Journey In Love'	God loves us in our differences: Social and Emotional				God loves us in our differences: Physical			God loves us in our differences: Spiritual				
	To describe how we all should be accepted and respected.				To describe how we should treat others making links with the diverse, modern society we all live in.			To celebrate the uniqueness and innate beauty of each of us.				
Personal Development	RELATIONSHIPS			LIVING IN THE WIDER WORLD			HEALTH AND WELL-BEING					
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Well-being	Growing and Changing	Keeping Safe			
	Positive friendships including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community? Shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life. Basic first aid.			
Further Opportunities	Harvest celebrations – October Foodbank collections - October Black history month – October International Walking to school month - October PCSO – Bonfire/Halloween Safety Talk Remembrance Day – November Anti-bullying week – November Operation Christmas Child – November Road safety week – November Christmas events – December				Little Christmas - January Chinese New Year – January Safer Internet Day – February World Book Day – March Good Shepherd Week – March Mother's Day – March Earth day - April Passion Play – April Easter events - April			Walk to school week – May Sports day – June Walk of faith – June Transition to new year group – July				

Year 5 RSHE Overview

	Autumn 1		Autumn 2		Spring 1	Spring 2		Summer 1		Summer 2	
Come and See	Ourselves	Life Choices	Judaism	Hope	Mission	Memorial Sacrifice	Sacrifice	Islam	Transformation	Freedom and Responsibility	Stewardship
RSE: 'Journey In Love'	God loves me in my changing and development: Social and Emotional				God loves me in my changing and development: Physical			God loves me in my changing and development: Spiritual			
	To show knowledge and understanding of emotional relationship changes as we grow and develop.				To show knowledge and understanding of physical changes in puberty.			To celebrate the joy of growing physically and spiritually.			
Personal Development	RELATIONSHIPS				LIVING IN THE WIDER WORLD			HEALTH AND WELL-BEING			
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Well-being	Growing and Changing	Keeping Safe		
	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental well-being	Keeping safe in different situations including responding to emergencies, first aid		
Further Opportunities	Harvest celebrations – October Foodbank collections - October Black history month – October International Walking to school month - October PCSO – Bonfire/Halloween Safety Talk Remembrance Day – November Anti-bullying week – November Operation Christmas Child – November Road safety week – November Christmas events - December				Little Christmas - January Chinese New Year – January Safer Internet Day – February World Book Day – March Good Shepherd Week – March Mother's Day – March Earth day - April Passion Play – April Easter events - April			Walk to school week – May Sports day – June Walk of faith – June Transition to new year group – July			

Year 6 RSHE Overview

	Autumn 1		Autumn 2		Spring 1	Spring 2		Summer 1		Summer 2	
Come and See	Loving	Vocation and Commitment	Judaism	Expectations	Sources	Unity	Death and New Life	Islam	Witnesses	Healing	Common Good
RSE: 'Journey In Love'	The wonder of God's love in creating new life: Social and Emotional				The wonder of God's love in creating new life: Physical			The wonder of God's love in creating new life: Spiritual			
	To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families.				To explain how human life is conceived.			To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including lifelong relationship..			
Personal Development	RELATIONSHIPS				LIVING IN THE WIDER WORLD			HEALTH AND WELL-BEING			
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others		Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Well-being	Growing and Changing	Keeping Safe	
	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues		Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	
Further Opportunities	Harvest celebrations – October Foodbank collections - October Black history month – October International Walking to school month - October PCSO – Bonfire/Halloween Safety Talk Remembrance Day – November Anti-bullying week – November Operation Christmas Child – November Road safety week – November Christmas events - December				Little Christmas - January Chinese New Year – January Safer Internet Day – February World Book Day – March Good Shepherd Week – March Mother's Day – March Earth day - April Passion Play – April Easter events – April			Walk to school week – May Sports day – June Walk of faith – June Transition to new year group – July			

